

Evaluative Report of the Department

1. Name of the Department :
Department of Physical Education
2. Year of establishment :
1994
3. Is the Department part of a School/Faculty of the university?
Yes, Department of Physical Education is a part Faculty of Education
4. Names of programmes offered (UG, PG, M. Phil., Ph.D., Integrated Masters; Integrated Ph.D., D.Sc., D.Litt., etc.)
Department is offering following programmes at present:
 - Doctor of Literature – D.Litt.
 - Doctor of Philosophy – Ph.D.
 - Master of Philosophy – One year (Two Semesters)
 - Master of Physical Education – Two years (Four Semesters)
 - Bachelor in Physical Education – Two years (Four Semesters)
 - Diploma in Yoga Education – One year
 - Certificate in Yoga Education – 6 Months
5. Interdisciplinary programmes and departments involved
At present department is not involved in any interdisciplinary programme.
6. Courses in collaboration with other universities, industries, foreign institutions, etc.
NIL
7. Details of programmes discontinued, if any, with reasons
No programme has been discontinued in past five years.
8. Examination System: Annual/Semester/Trimester/Choice Based Credit System
University has adopted annual scheme for B.P. Ed. & D.Y. Ed. programmes and semester system with Choice Based Credit System for M.P. Ed & M. Phil programmes.
9. Participation of the department in the courses offered by other departments
NIL
10. Number of teaching posts sanctioned, filled and actual (Professors /Associate Professors /Asst. Professors/others)
Following are the details of teaching posts sanctioned to this centre:

	Sanctioned	Filled	Actual (including CAS & MPS)
Professor	-	-	01

Associate Professors	-	-	-
Asst. Professors	12	-	-
Others	03	-	-

11. Faculty profile with name, qualification, designation, area of specialization, experience and research under guidance

Following is the details of faculty in this department during 2009-2015:

Name	Qualification	Designation	Specialization	No. of Years of Experience	No. of Ph.D./ M. Phil. students guided for the last 4 years
Prof. M.S. Chundawat	M.P.E, Ph.D., NIS (Athletics)	Professor	Sports Training and Athletics	30	17
Prof. Pramjeet Singh Guman	M.P.Ed., Ph.D., NIS(Hockey)	Retd. Professor	Hockey, Research Methods	30	Retd. in 2008
Prof. B.S. Rathore	M.P.Ed., Ph.D.	Retd. Professor	Basketball, Swimming, Sports Psychology	32	15

12. List of senior Visiting Fellows, adjunct faculty, emeritus professors

No senior visiting fellows, adjunct faculty, emeritus professors visited this department during 2009 -15. However following distinguished persons visited our department in recent times.

- Prof. J. S. Naruka, former Vice-Chancellor, LNUPE, Gwalior
- Prof. A. K. Uppal, Former Dean, Physical Education, LNUPE, Gwalior
- Prof. Rajendra Singh, Former Dean, Education, Jiwaji University, Gwalior

13. Percentage of classes taken by temporary faculty programme-wise information

Following are the details of classes engaged by visiting/ guest faculty.

S. No.	Name of Programme	Percentage
1.	B.P. Ed.	90 % (Visiting Faculty)
2.	M.P. Ed.	90 % (Visiting Faculty)

14. Programme-wise Student Teacher Ratio :-

The student teacher ratio in different programme is as follow.

- M.P. Ed. - 25:1
- B.P. Ed. - 30:1
- M. Phil - 15:1

- DY Ed - 40:2
- C.Y. Ed. - 40:2
- B.A. (Optional Paper)

15. Number of academic support staff (technical) and administrative staff: sanctioned, filled and actual:-

Following is the position of ministerial, technical staff and lab bearers:

Name of Post	Sanctioned	Filled	Actual
UDC	01	01	Nil
LDC	02	02	Nil
TCO	01	01	Nil

16. Research thrust areas as recognized by major funding agencies:-

Following are the thrust areas recognized for research by different agencies:

- Sports Training
- Sports Medicine
- Sports Bio- Mechanics
- Physiology
- Psychology
- Management
- Professional Preparations & Curriculum Designs
- Sociology of Sports
- Test and Measurement
- Yoga

17. Number of faculty with ongoing projects from a) national b) international funding agencies and c) Total grants received. Give the names of the funding agencies, project title and grants received project-wise.

No faculty of this department currently has a project.

18. Inter-institutional collaborative projects and associated grants received :-

a) National collaboration b) International collaboration

Department is currently not having any inter-institutional collaborative project.

19. Departmental projects funded by DST-FIST; UGC-SAP/CAS, DPE; DBT, ICSSR,AICTE, etc.; total grants received :-

Department has not received any departmental project during 2009-15.

20. Research facility / centre with :-

Department has following facilities for research activities:

- State Recognition/ Uni. Recognized:
Psychology Lab, Physiological Lab, Test and Measurement setups.
- National Recognition(AIU)
NIL

- International Recognition
NIL

21. Special research laboratories sponsored by / created by industry or corporate bodies
NIL

22. Publications:

- Number of papers published in peer reviewed journals (national/international)
 - M.S. Chudawat, Comparison of School National Basket Ball Players., Vyayam Vigyan, Vol. 45, No. 2, May 2012 Page -12
 - M.S. Chudawat, “Effect of Yogic Exercises on Heart rate variability” Research Journal of Sciences, Physical Education Applied social sciences, commerce & Education, Udaipur: July-Sept,2009
 - M.S. Chudawat, “Effect on Dynamic Surya Namaskar on flexibility, Word Conference- Sri lanka presented research Paper entitled of University Students held at Sri Lanka from 10 to 14th November, 2009. 8-10 Nov., 2009
 - M.S. Chudawat “Yoga: An Argue less benefit of Health” National Seminar or Yoga for Healthy Living and Fitness” Organized by Seth Motilal (PG) college, Jhunjhunu; Page No. 114, Form 22-23Feb., 2010
 - M.S. Chudawat “Regular Yoga and Balanced Diet: combination of Healthy life” National Seminar on Yoga for Healthy living and fitness”, Organized by Seth motilal(PG) college, Jhunjhunu; Page No. 148, Form 22-23Feb., 2010
 - M.S. Chudawat A comparative study-Attitude of vice-chancellors of Indian universities with foreign universities towards physical education and sports, LNUPE, Gwalior: V.9: Issues 1: Jan,-June, 2009 page:49.
 - M.S. Chudawat Relationship between hardiness & psychological stress response India international congress in sports psychology, LNUPE, Gwalior, From 21st to 24th Dec. 2009
 - M.S. Chudawat Proc. of National Seminar of "Yoga for Healthy Living" Yoga – A Key to fitness, Feb.22-23, 2010, P.133-135
- Books Publication
 - Prof. M.S. Chundawat
 - Health & Physical Education Goodluck Publishing House, Jaipur 2010.
 - Strength Training and conditioning- Friends Publication New Delhi
 - Prof. B.S. Rathore
 - Health & Physical Education- Goodluck Publishing House, Jaipur 2010
 - Strength Training and Conditioning
- Monographs
NIL
- Chapters in Books (International Reference Books)
NIL

- Number listed in International Database (For e.g. Web of Science, Scopus, Humanities International Complete, Dare Database - International Social Sciences Directory, EBSCO host, etc.)
N.A.
- Citation Index – range / average
N.A.
- SNIP:
N.A.
- SJR:
N.A.
- Impact Factor – range / average
N.A.
- h-index
N.A.

23. Details of patents and income generated :-

NIL

24. Areas of consultancy and income generated:-

Faculty members of this department are giving informal consultancy both at international & national levels. No income was generated due to such consultancy.

25. Faculty selected nationally / internationally to visit other laboratories / institutions/ industries in India and abroad

NIL

26. Faculty serving in

a) National committees

NIL

b) International committees

NIL

c) Editorial Boards

NIL

d) any other

NIL

27. Faculty recharging strategies (UGC, ASC, Refresher / orientation programs, workshops, training programs and similar programs).

Following seminar was organized by the department during 2009-2015:

S.NO.	Details	Title	Duration
1.	National Seminar	Recent trends & Challenges in Physical Education & sports	29 th & 30 th March 2011.

2.	Workshop	One day workshop for revision of syllabus	2013-2014
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28. Student projects

- Percentage of students who have done in-house projects including interdepartmental projects
NIL.
- Percentage of students doing projects in collaboration with other universities/ industry/ institute
NIL

29. Awards / recognitions received at the national and international level by

No award / recognition was received by faculty members at the national and international level however Prof. M.S. Chundawat received DG NCC Award.

30. Seminars/ Conferences/Workshops organized and the source of funding (national/ international) with details of outstanding participants, if any :-

Department has not organized any conference / seminar during 2009-15.

31. Code of ethics for research followed by the departments

Codes of ethics for research are followed as per UGC and University of Rajasthan norms.

32. Student profile programme-wise:

Following are the year wise and programme wise student's profile

Name of the Programme	Applications received	Selected		Pass percentage	
		Male	Female	Male	Female
B.P. Ed.					
2009-10	127	24	14	100	100
2010-11	162	25	05	100	100
2011-12	184	17	13	100	100
2012-13	217	14	12	100	100
2013-14	237	24	15	100	100
2014-15	242	24	11	100	100
M.P. Ed.					
2009-10	70	30	19	100	100
2010-11	57	43	22	100	100
2011-12	71	36	22	100	100
2012-13	68	35	22	100	100
2013-14	105	36	19	100	100
2014-15	135	21	08	100	100
D.Y. Ed.					

2009-10	15	10	02	100	100
2010-11	43	20	11	100	100
2011-12	24	07	10	100	100
2012-13	31	09	09	100	100
2013-14	49	29	12	100	100
2014-15	57	33	12	100	100
C.Y. Ed.					
2009-10	13	06	04	100	100
2010-11	09	02	04	100	100
2011-12	15	05	07	100	100
2012-13	23	09	03	100	100
2013-14	18	11	01	100	100
2014-15	21	11	02	100	100
M. Phil.					
2009-10	12	12	--	100	100
2010-11	--	--	--	100	100
2011-12	--	--	--	100	100
2012-13	10	05	02	100	100
2013-14	08	01	01	100	100
2014-15	--	--	--	100	100

33. Diversity of students

Following are the programme wise diversity of students in the department

Name of the Programme	% of students from the same university	% of students from other universities within the State	% of students from universities outside the State	% of students from other countries
B.P. Ed.	26	9	-	-
M.P. Ed.	26	3	-	-
D.Y. Ed.	42	3	-	-
C.Y. Ed.	13	-	-	-
M. Phil.	-	-	-	-

34. How many students have cleared Civil Services and Defense Services examinations, NET, SET, GATE and other competitive examinations? Give details category-wise.

As per available information in department 45 students have passed NET/SLET Examination during 2009-15.

35. Student progression

Following are the details of student's progression in the department:

Student progression	Percentage against enrolled
UG to PG	68 %
PG to M.Phil.	Nil

PG to Ph.D.	10 %
Ph.D. to Post-Doctoral	Nil
Employed	
• Campus selection	NIL
• Other than campus recruitment	45%
Entrepreneurs	NA

36. Diversity of staff

Following are the details of diversity of staff in the department:

Percentage of faculty who are graduates	
of the same university	Nil
from other universities within the State	01
from universities from other States	Nil
from universities outside the country	Nil

37. Number of faculty who were awarded M. Phil., Ph.D., D.Sc. and D.Litt. during the assessment period

NIL

38. Present details of departmental infrastructural facilities with regard to

a) Library :-

The Department has its own Departmental Library which houses nearly 1850 text books. Many books are available in central library.

b) Internet facilities for staff and students:-

Wi-Fi and LAN facilities are provided to all faculty members, research scholars and PG students through University INFONET center.

c) Total number of class rooms :-

Department has 04 class rooms

d) Class rooms with ICT facility :-

All Class Rooms have ICT facility

e) Students' laboratories:-

Department has 02 students Laboratories (Psychology Lab., Computer Lab.)

f) Research laboratories :-

Department has 02 research Laboratories (Psychology Lab., Computer Lab.)

39. List of doctoral, post-doctoral students and Research Associates

a) from the host institution/university:-

Name of Supervisor : Prof. Paramjeet Singh Ghuman			
S. No.	Awarded Year	Name of Student	Topic
1.	24.06.09	Mandeep Lamba	A Study of Job Satisfaction, Job-Stress and

			Adjustment of Physical Education Teachers.
2.	10.09.09	Bhairu Singh Yadav	Psychological Profiles of Indian Universities Wrestlers.
3.	10.09.09	Vijayant Joshi	A Comparative Study of Some Psychological Variables of High and Low Performer Hockey Players Playing at Different Field Positions.
4.	09.11.09	G.S. Gurjar	A Comparative Study of Sports Achievements Motivation, Anxiety & Personality Among University Male and Female Players.
5.	11.06.10	Rekha Bhardwaj	An Exploratory Study of Psycho-Social and Cultural Factors Influencing Stress on Performance Among Female Athletes.
6.	25.05.11	Harbans Lal Godara	Construction of Physical Fitness Norms for Secondary & Senior Secondary Students of Rajasthan State.
7.	19.07.11	Sher Singh	A Study of Kinanthropometric Characteristics and Physical Fitness Variables to Identify Talent of Young Male Judokas of Rajasthan
8.	12.02.13	Vishnu Parmar	A Critical Appraisal of Status of Physical Education in Colleges and Universities of Rajasthan State
Name of Supervisor : Prof. Bhupendra Singh Rathore			
S. No.	Year	Name of Student	Topic
1.	28.03.09	Yashpal Singh Bhati	A Comparative Study Of Socio-Economic Status, Self Concept And Attitude Of State Level Players Of Team And Individual Sports
2.	22.08.09	Shahjad Singh (As Teacher)	Impact Of Physical Education And Sports On Indian Society With Special Reference To Rajasthan State
3.	21.10.09	Monika Mathur	Comparative Effect Of Different Restorative Techniques On Cardiovascular Recovery And Subsequent Performance In Sub Maximal And Maximal Exercise
4.	23.12.09	Rajveer Singh Jhala	Comparison Of Sports Self-Confidence Ability Motivation And Anxiety Factor Between Male And Female Intervarsity Basket Ball Players
5.	06.01.10	Ghuman Singh Rathore (As Teacher)	Survey Of Physical Education Facilities Personnel And Budgetary Provisions In Senior Secondary School Of Jodhpur Division
6.	22.03.10	Manoj Kumar (As Teacher)	Coordanative Abilities And Physiological Characterstics Of The Football Of Haryana State At Different Levels

7.	11.05.10	Vijay Singh (As Teacher)	A Study Of Common Football Injuries, Their Treatment And Rehabilitation Among Inter University Players Of Rajasthan State
8.	11.06.10	R.Clement Rajkumar (As Teacher)	A Study On The Shooting Patters Attributing To Winning Trends In Basketball
9.	22.10.10	Sharad Nimawat (As Teacher)	युवा खिलाड़ियों एवं गैर खिलाड़ियों में एच.आई.वी./एड्स की जानकारी एवं जोखिम भरे व्यवहार का तुलनात्मक अध्ययन
10.	08.12.10	Mahendra Singh Rathore (As Teacher)	Survey Of Attitude Of Principals Of Colleges Towards Physical Education And Sports
11.	25.01.11	Anita Trivedi	The Relationship Between The Physical Performance With Self Concept, Anxiety And Sports Achievements Motivation Of School Female Basket Ball Players Of Rajasthan State
12.	15.04.11	Dharamveer Singh (AS Teacher)	Survey Of Programmes Facilities And Personnel Services In Physical Education Colleges And University Departments Of Rajasthan State
13.	24.05.11	Pramod Singh (As Teacher)	Relation Of Visual And Nonvisual Kinaesthesia To The Performance Of Perceptual Motor Skills
14.	20.09.11	Navneet Kumar (As Teacher)	A Comparative Study Of Motor Ability And Physical Fitness Of Boys And Girls Of Class Xi And Xii Studying In School Having Adequate And Inadequate Facilities In Rajasthan State
15.	20.09.11	Shakti Singh Rawlot	A Comparative Study Of Sports Performance Vis-À-Vis Facilities In Physical Education And Sports In The Residential And Non Residential Schools Of Rajasthan
16.	20.09.11	Rajesh Kumar Sharma	Investigation Of Selected Physiological, Psychological, Anthropometric Variables And Functional Assessment
17.	28.04.12	Yogendra Pal Singh	Analysis Of Unforced Errors And Mental Toughness Of Sinners And Losers In Squash
18.	28.04.12	Vivek Kumar Singh	A Comparative Study Of Psychological Characteristics Of Individual, Combative And Team Game Players Of Indian Army
19.	01.06.12	Saroj Bala	Analysis Of The Attitudes Of Lecturers Of Colleges Of Rajasthan State Towards Total

			Curriculum Of Physical Education And Olympic Sports
20.	11.09.12	Sanjay Singh Chouhan (As Teacher)	The Effect Of Aerobic Training On Plasma Lipids, Lipoproteins And Body Composition On Sportsmen And Non Sportsmen
21.	11.09.12	Devendra Singh Mawari	A Study To Assess The Effect Of Training Of Cultural And Meditative Assanas On Physical & Physiological Variables Of School Children
22.	23.11.12	Yuvraj Rathore	A Study On Coordinative Abilities And Physiological Characteristics Of The Football Players Of Rajasthan State And Their Relation To Performance
23.	23.11.12	Pavitra Singh,	A Study To Investigate The Relationship Of Selected Psychomotor Variables And Coordinative Abilities Of Inter University Hockey Players
24.	20.08.13	Arti Dabas	Prediction Of Performance Ability Of Sprinters Jumpers And Throwers In Relation To Selected Motor Fitness Components, Anthropometric Measurements And Physiological Variables
25.	26.09.13	Radhey Shyam Lamoria	A Study To Determine The Effects Of Aerobic Training On Anthropometric And Physiological Variables Between The Male Adolescent Obese And Non- Obese Students
26.	13.02.14	Manoj Kumar Choudhary (As Teacher)	Development Of Cognitive And Psychomotor Evaluation Criteria Of Volleyball Players In Universities Of Rajasthan State
27.	21.05.14	Pooja Bishnoi	Effect Of Recreational Modality In The Enhancement Of Health Related Fitness Of Middle Age Group Of People
28.	08.09.14	Hemant Kumar Saini	A Comparison of Hardiness and Emotional Intelligence among High and Low performers
29.	19.09.14	Ms. Niketa Jain	A comparative study of parental support to female students towards participation in competitive sports in rajasthan, m.p. And delhi states
30.	Name of Supervisor : Prof. Mahendra Singh Chundawat		
1.	23.06.10	Mukesh Kumar Sharma	Effect of interval training on Motor fitness and psychological variables of Handball players.
2.	07.10.10	Brijendra Singh Rathore	Relation between Physical Characteristics and body mass index in elite athletes of different

			sports disciplines
3.	22.12.10	Bharat Singh	A comparative study of Aerobic & Anaerobic Capacity and Physical Qualities of National level players of different sports in Rajasthan
4.	13.01.11	K.K. Rawat	खिलाडियों एवं गैर खिलाडियों की सामाजिक बुद्धिमत्ता का तुलनात्मक अध्ययन
5.	15.04.11	Shivdan Singh (Teacher Candidate)	A comparative study of Physical Psychological and Physiological variables among Volleyball players of Sanskrit College of Rajasthan.
6.	23.04.11	R.S. Rana	Study of physique and Physiological variables to general Motor ability of elite Basketball
7.	29.04.11	Smt .Nirmala Saharan	Effect of dynamic intervention training programme on selected psychological, physical and physiological parameters
8.	19.12.11	Rahul Kushwaha (Teacher Candidate)	Construction of norms for strength and cardio-vascular tests of college students
9.	01.06.12	Pawan Kumar Bhasker	Effect of training programme on Bio chemical & Physiological variables of adolescence
10.	01.06.12	Ms. Rashmi Shukla (Teacher Candidate)	A Study Of Sports Performance As Influenced By Motivation, Anxiety And Personality Of College Level Players
11.	01.06.12	Ms. Saroj Kumari (Teacher Candidate)	Effect Of Yogasana And Physical Fitness Program On Selected Physical And Physiological Variables Of Females
12.	30.01.13	Kushal Singh Shekhawat	A comparative study on selected physical and physiological variables between state level, sprinters, middle and long distance runner
13.	12.02.13	Maheshwar Pal Singh	A comparative study of mental toughness of Gymnasts, Badminton and Basketball players
14.	25.02.14	Kuldeep Singh Naruka	Assessment of Anthropometric measurements Motor-Fitness status and Playing ability of Male Hockey players
15.	21.08.14	Lata Choudhary	A comparative study of Physical Fitness abilities and Psychosocial variables between players of individual and team games
16.	19.02.15	Shailesh Kumar	A comparative study of aerobic, anaerobic and motor performance of volleyball players of different Universities in Rajasthan
17.	24.04.15	Ram Narain Meena	A comparative study of anthropometrical characteristics and sports competition anxiety of jumpers of national and inter University level in male athletes.

b) from other institutions/universities:-

NIL

40. Number of post graduate students getting financial assistance from the university.

NIL

41. Was any need assessment exercise undertaken before the development of new programme(s)? If so, highlight the recent methodology used.

Yes, faculty members of department discuss occasionally about ongoing programmes in the department. During 2013 session, Department organized one day workshop to revise ongoing curriculum.

42. Does the department obtain feedback from

a. faculty on curriculum as well as teaching-learning-evaluation? If yes, how does the department utilize the feedback?

Yes, Department obtains occasional informal feedback program about curriculum and teaching methods with faculty members of this department. Based upon the feedback, faculty members decide the changes in the curriculum.

b. Students on staff, curriculum and teaching-learning-evaluation and how does the department utilize the feedback?

Yes, Department obtains occasional informal feedback program from its students about programmes conducted by the department, the teaching methodology adopted by the teachers and their responses by the students. Class room seminars through power point presentation by students are used as a tool to test the knowledge and understanding of students regarding their interest and learning abilities towards the academic lessons.

c. Alumni and employers on the programmes offered and how does the department utilize the feedback?

Yes, occasionally faculty members meet with old students of this department and take their suggestions about ongoing activities in the department.

43. List the distinguished alumni of the department

Following are few distinguished alumni of the department

- Mr. Shailesh Kumar, as coach of Indian Volleyball Team

44. Give details of student enrichment programmes (special lectures / workshops /seminar) involving external experts.

Special Lectures arranged by department for the benefit of students:

- Prof. Samsheer Singh, Rohtak 02-08-2014 (Basic fundamental of Phy. Edu. & Biomechanics)
- Prof. S.N. Sharma, Chandigarh 02-09-2014 (Research Methods).
- Mr. Kishan Whabi, Bangalore 15-11-2014 (Advance Teaching Skills in Phy. Edu.)
- Dr. Divesh Chand, Regional Director, 15-11-2014 (Advance Teaching Skills in Phy. Edu.)
- Dr. Pramod Singh, Jamdoli 03-01-2015 (Anatomy & Physiology of Exercise)

- Dr. Shahajad Singh, Jamdoli 03-01-2015 (Sports Training)
- Dr. B.S. Chauhan, 03-01-2015 (Kinesiology, Care of Athletic Injuries)
- Dr. Om Singh, Udaipur 03-01-2015 (Coaching & Officiating)
- DR. Aman singh Sisodiya, Jodhpur 03-01-2015 (Physical Education & Educational Psychology)
- Dr. M.S.Chauhan, Kurukshetra 24-04-2015
- Dr. Ramendra Singh 11-05-2015 (योग द्वारा एकाग्रता बढ़ाना)
- Dr. Umesh Sharma 11-05-2015 (योग द्वारा एकाग्रता बढ़ाना)
- Dr. Meenakshi Popli, Agra 23-05-2015
- Dr. Guman Singh Rathore, Jodhpur 23-06-2015
- Dr. Narendra Singh Yadav, Agra 22-06-2015
- Dr. Aman Singh Sisodiya, 22-06-2015

45. List the teaching methods adopted by the faculty for different programmes.

Faculty members normally adopt blackboard teaching method during their class room teaching. They also apply slide presentation method and Epidiascope for better presentation.

46. How does the department ensure that programme objectives are constantly met and learning outcomes are monitored?

Regular evaluations of all the students along with practical knowledge have been done in the department. Monitoring of all the academic programs along with extracurricular activities was performed to evaluate the overall growth of students along with their strength and weaknesses.

47. Highlight the participation of students and faculty in extension activities

UG and PG students participate in different tournaments. Faculty of the department is actively engaged in research work along with their academic duties to enhance their capabilities and research orientation to apply new trends and advancements in their related subjects. Department has organized special / invited lectures on regular periods, which helpful to understand the subject problems. Department also motivates PG students to attend the workshops, seminars and conferences to enhance their subject knowledge.

48. Give details of “beyond syllabus scholarly activities” of the department.

Students of the Department participate in several activities other than their regular teaching programme. They participate in Sports activities and performs yoga demonstrations in Republic Day and Independence Day programmes organized by university.

49. State whether the programme/ department is accredited/ graded by other agencies? If yes, give details.

No accreditation work is carried out at this center during 2009 – 15.

50. Briefly highlight the contributions of the department in generating new knowledge, basic or applied.

Basic & applied knowledge is imparted by faculty at different platforms as resource persons Refresher and orientation courses organized by ASC. Faculty members also act as judges in National and International sports events within and outside state.

51. Detail five major Strengths, Weaknesses, Opportunities and Challenges (SWOC) of the Department.

Following are the Strengths, Weaknesses, Opportunities and Challenges of the department:

Strengths

1. National level sports facilities and sports grounds.
2. National level swimming pool diving board which has witnessed several national swimming events.
3. Provides job oriented courses.
4. National level coaches are available to train students for different sports events.

Weaknesses

1. Lacks in Permanent Teaching & Non Teaching Faculty
2. Lacks in permanent coaches.
3. Lacks in Smart Class Room
4. Lacks in a proper Shooting Range.
5. Lacks in basic infrastructure facilities like class rooms & seminar hall etc.

Opportunities

1. Our students have nice opportunity in different Govt. & Private Institutions as faculty and trainer.
2. Our students have opportunity to join Military, Police and Para Military forces.
3. Students can be appointed in Yoga instructor in different organizations.
4. Students can be appointed as fitness trainers in different organizations.

Challenges

1. Emergence of more institutions with modern sports facilities.
2. Limited funds for sports from university.
3. More facilities for indoor games.

52. Future plans of the department.

Development is planning following additions in near future:

- Creation of E-Data base Library for Students,
- Bio- Mechanic Lab,
- Physiology Lab and Audio Visual Room,
- Modern Gym,
- Purchase of Physiotherapy & Rehabilitation Centre,

- Synthetic Badminton & Hockey Track
- Anatomy & Physiology Lab,
- CCTV Cameras and Smart Class Room,
- Portal for Students,
- Big Heavy Diesel Roller for leveling of Ground,
- Grass Cutting Machine,
- Wi-Fi Facilities,

Annexure I

List of publications by faculty members during 2009 – 14:

Name of author: ????

S. No.	Name of Journal	No. of Journal	Name of Article
1	VyayamYigyan	Vol. 45, No. 2 May 2012 Page -12	Comparison of School National Basket Ball Players.
2	“Yoga: An Argue less benefit of Health” National Seminar or Yoga for Healthy Living and Fitness”	Form 22-23Feb., 2010	Organized by Seth motilal(PG) college, Jhunjhunu; Page No. 114
3	“Regular Yoga and Balanced Diet: combination of Healthy life” National Seminar on Yoga for Healthy living and fitness”	Form 22-23Feb., 2010	Organized by Seth motilal(PG) college, Jhunjhunu; Page No. 148
4	A comparative study-Attitude of vice-chancellors of Indian universities with foreign universities towards physical education and sports.	V.9: Issues 1: Jan,- June, 2009 page:49.	LNUPE, Gwalior:
5	Relationship between hardiness &psychological stress response India inter national congress in sports psychology,	From 21 st to 24 th Dec. 2009	LNUPE, Gwalior
6	“Effect of Yogic Exercises on Heart rate variability”	July-Sept,2009	Research Journal of Sciences, Physical Education Applied social sciences, commerce & Education, Udaipur:
7	“Effect on Dynamic Surya Namaskar on flexibility	8-10 Nov., 2009	Word Conference- Sri lanka presented research Paper entitled of University Students held at Sri Lanka from 10 to 14 th November, 2009.
8	Proc. Of National Seminar of "Yoga for Healthy Living"	Feb.22-23, 2010 P.133-135	Yoga – A Key to fitness

List of books published by faculty members during 2009 – 14:

- **Prof. M.S. Chundawat**

1. Health & Physical Education Goodluck Publishing House, Jaipur 2010.
2. Strength Training and conditioning- Friends Publication New Delhi

- **Prof. B.S. Rathore**

1. Health & Physical Education- Goodluck Publishing House, Jaipur 2010
2. Strength Training and Conditioning

4. Declaration by the Head of the Institution

I certify that the data included in this Self-Study Report (SSR) are true to the best of my knowledge.

This SSR is prepared by the institution after internal discussions, and no part there of has been outsourced.

I am aware that the Peer team will validate the information provided in this SSR during the peer team visit.

Signature of the Head of the institution

with

seal:

Place:

Date: